

Guidelines for using MLT lands

MLT preserves are natural areas and are not inspected or maintained for public safety. Please be aware of your surroundings and take responsibility for your own safety. If you choose to enter, you assume all risk of injury and release MLT from all liability for any injury.

To ensure everyone's enjoyment, please follow these **guidelines**:

- ✓ MLT lands are open from dawn to dusk only.
- ✓ No motorized vehicles of any kind are allowed.
- ✓ Horseback and bicycle riding are allowed. Please stay on existing trails only. Bikes should yield to horses and walkers. Walkers should yield to horses.
- ✓ Dogs are welcome, but must be under your control at all times. Please remove your dog's waste from the trail.
- ✓ No fires.
- ✓ No camping.
- ✓ No littering, including in parking areas. Please carry out any trash you bring or find.
- ✓ No removal of vegetation, rocks or any other material.
- ✓ No paintball or metal detecting.
- ✓ No conduct that disrupts the tranquility of the area or its enjoyment by others.

Licensed **hunters** may use MLT lands as long as all applicable laws and regulations are followed. Tree stands if used must be removed at the end of the season. As a safety precaution visitors during the hunting season should wear a minimum of 500 square inches of **blaze orange** clothing or material on the head, back or chest.

Ticks are found throughout Mattapoisett, including on MLT lands. Ticks can bite humans, dogs, and other animals, and spread a variety of serious infectious diseases. The best way to prevent tick bites is to prevent them from getting access to your skin:

- ✓ Wear long sleeves and pants tucked into socks.
- ✓ Consider applying DEET or Permethrin repellent to clothing/shoes.
- ✓ After being outdoors check entire body carefully for ticks. Check children, clothing, and pets as well.
- ✓ Wash clothing and machine dry 1 hour at high heat.

Please contact state and local public health officials for up to date information about protection from ticks and tick-borne disease. Information also is available on the internet.